

### *The Three Treasures & Nembutsu*

**Leader:** Hard is it to be born into human life. Now we are living it. Difficult is it to hear the Teachings of the Blessed One. Now we hear it. If we do not deliver ourselves in the present life, no hope is there that we shall be freed from suffering and sorrow in the ocean of birth and death. Let us reverently take refuge in the Three Treasures of the Truth.

**Everyone:** I TAKE REFUGE IN BUDDHA

May we all together absorb into ourselves the principle of Your Way to Enlightenment and awaken in ourselves Your Supreme Will.

I TAKE REFUGE IN DHARMA:

May we all together be submerged in the depth of the Doctrine and gain wisdom as deep as the ocean.

I TAKE REFUGE IN SANGHA:

May we all together become units in true accord in Your Life of Harmony, in a spirit of Universal Oneness, freed from the bondage of selfishness.

**Leader:** Even through ages of myriads of kalpas hard is it to hear such an excellent, profound and wonderful doctrine. Now we are able to hear and receive it. Let us thoroughly understand the true meaning of Tathagata's Teaching.

Leader: Namu Amida Butsu  
Everyone: Namu Amida Butsu

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